

33 rue Caroly - 1050 Bxl
www.corpusstudios.com - Tel.: + 32 (0)2 513 07 66

7 January - 31 March 2019

Level 1:	No experience required
Level 2:	Min 15 classes (at Level 1)
Level 3:	30 classes
Level 4:	1 year experience
Level 5:	2-3 years experience
Level 6:	3-5 years experience (Advanced)

**ALL COLLECTIVE CLASSES BY RESERVATION ONLY
BUY YOUR CREDIT AND BOOK USING OUR ONLINE SYSTEM**

MONDAY/LUNDI

12.00-13.00	PILATES TOWER & CHAIR	L2
13.00-14.00	PILATES CLASSICAL MAT	L4
18.15-19.15	PILATES MAT FOUNDATIONS	L1
19.15-20.15	PILATES SCULPT & CHAIR	L3

TUESDAY/MARDI

12.30-13.30	PILATES STABILITY & CHAIR	L3
18.15-19.15	PILATES MAT CIRCUIT	L4
19.15-20.15	PILATES CLASSICAL MAT	L2

WEDNESDAY/MERCREDI

12.30-13.30	PILATES BALL	L4
18.15-19.15	PILATES CLASSICAL MAT	L3

THURSDAY/JEUDI

12.30-13.30	PILATES MAT FOUNDATIONS	L1
18.15-19.15	PILATES CLASSICAL MAT	L4
19.15-20.15	PILATES BALL	L2

FRIDAY/VENDREDI

12.30-13.30	PILATES MAT CIRCUIT	L3
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SATURDAY/SAMEDI

10.00-11.00	PILATES MAT CIRCUIT	L4
11.15-12.15	PILATES CLASSICAL MAT	L3

**Private: 36H CANCELLATION OR CHARGED FULL CLASS
Collective: 24H CANCELLATION OR CHARGED FULL CLASS**

You can reserve/cancel by using MBO:
www.corpusstudios.com/onlinebooking

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Leave a message with your name, class date and phone number

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**ALL APPARATUS CLASSES BY RESERVATION ONLY
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MONDAY/LUNDI

18.15-19.15	REFORMER & TOWER	L4
19.15-20.15	REFORMER & TOWER FOUNDATIONS	L1

TUESDAY/MARDI

13.30-14.30	REFORMER & TOWER	L4
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WEDNESDAY/MERCREDI

12.30-13.30	REFORMER & TOWER	L3
19.15-20.15	REFORMER & TOWER	L2

THURSDAY/JEUDI

12.00-13.00	REFORMER & TOWER FOUNDATIONS	L1
13.00-14.00	REFORMER & TOWER	L3

FRIDAY/VENDREDI

13.30-14.30	REFORMER & TOWER	L2
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SATURDAY/SAMEDI

10.00-11.00	REFORMER & TOWER	L2
11.15-12.15	REFORMER & TOWER	L5

**Private: 36H CANCELLATION OR CHARGED FULL CLASS
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